

JESUS' SACRED HEART SCHOOL
TASK PLANNER
CLASS – IV

Theme: Fit versus Fat

SUBJECT	TOPIC	NATURE OF TASK	REQUIRED MATERIAL (To be sent from home)	CLASS/HOME WORK
SCIENCE + MATH	Diet Plan	Students will be required to make a diet plan wherein they will mention the food items taken in breakfast, lunch and dinner and nutrients and calories present in them. A4 sized coloured sheets, Sketch pens etc. to be used.		To be done at home & submitted on Project Day.
SST	Movie Review	A movie will be shown to students to identify healthy and unhealthy habits and also some measures to stay healthy. Students will be required to solve the given movie review worksheet based on the learnings of the movie.	-	To be done in class
ENGLISH	Ad Mania	Students will be required to present an advertisement on products that help us to remain fit. Props can be used to make the presentation effective.	-	To be prepared at home and presented in class
PUNJABI	Worksheet based	Students will be required to solve the given listening based worksheet.	-	To be done in class
HINDI	Cartoon Strip	Students will be required to prepare a cartoon strip on A4 sized sheet depicting Fit v/s Fat and write quotation on staying healthy in Hindi.	A4 sized coloured sheets, Sketch pens	To be done in class

****Kindly ensure the presence of your ward on Project day, as the activities will not be conducted again.**

PRINCIPAL